



Freedom Fitness

Description:

Freedom Fitness serving Carefree and Cave Creek believes health and fitness is the worthiest goal and a top priority for our members, whereby we pledge to remain committed to making it easily accessible and achievable. We will provide focus, guidance and resources necessary to enable health and fitness to become part of everyone's daily regimen.

By remaining on the cutting edge of the dynamic and ever-changing health and fitness industry we will continuously provide our members with superior equipment, classes and services that set the mark for fitness providers nationwide.

Â· Cardio

Â· Strength Training

Â· Personal Training

Â· Aerobics

Â· Yoga/Pilates

Â· Johnny G Spinning

Â· Childcare

Address Line 1: 4532 E Lone Mountain Rd

State: Arizona

City: Cave Creek

Zip: 85331